

18TH ANNUAL MONDAY NIGHT STAG GROUP MEN'S WINTER* RETREAT

April 25, 2026

Van Dorn Park Enclosed Shelter
Lincoln, Nebraska

"Freedom From Bondage"

"...the A.A. way of life is a blessing and a privilege beyond estimate—a blessing to live a life free from the pain and degradation of drinking and filled with the joy of useful, sober living..."

— **Alcoholics Anonymous, p. 451**

"This great experience that released me from the bondage of hatred and replaced it with love is really just another affirmation of the truth I know: I get everything I need in Alcoholics Anonymous—and everything I need I get."

— **Alcoholics Anonymous, p. 551**

Make plans to join us for a great day of meetings, fellowship, and plenty of food and coffee, at the Monday Night Stag Group Men's Winter Retreat, a one-day retreat at the enclosed shelter at Van Dorn Park in Lincoln, Nebraska. Enter the park at 10th and High Streets. The building is at the northwest end of the parking lot.

The retreat is open to the first 30 sober men to register.

Cost of the retreat is \$20.00 per man. A minimum \$10.00 deposit, paid before the day of the event, is required to hold a reservation. Some scholarship money may be available.

Contact: Registration Coordinator: Jim H. 402-802-4711

Potluck/Snacks: Please bring something for the potluck lunch and/or snack table. Before bringing the 20th bag of BBQ chips, please consider a healthy option. Then bring some gooey junk. Or call Jim for ideas.

Note: The site does not have a refrigerator. If you bring anything that requires refrigeration, you will need to provide a cooler and ice, or arrange to share someone else's cooler.

2026 Men's Retreat Schedule

10:00 Set-up
10:30 Registration/Meet and Greet
11:00 Speaker Meeting: Chris S., Lincoln, NE
12:00 Potluck Lunch
12:45 Workshop: Freedom From Bondage (Speakers TBA)
1:45 Break
2:00 Speaker Meeting: Mark S., Lincoln, NE
3:00 Break
3:30 Call-Up Meeting
4:30 Clean-up

*Yes, we know it isn't actually winter. We also know it isn't – usually – bitterly cold, so...

Go Green! Bring Your Own Coffee Cup!